

SUP Inland Open Water Leader Training Action Plan

Personal Skill	What manoeuvres do I need to practice and what environment do I need to work in
Personal and group equipment	What equipment do I need to have to help me look after groups
Leadership	How am I going to practice leading different types of groups
Trip planning and incident management	What will I practice
Pre assessment plan	

Name and date

Something I will do next week

Group Equipment

- Spare equipment or clothing
- Slips and trips
- Big bleed
- Location
- Communication
- Warmth
- Light
- Repair